



St. Herman of Alaska Eastern Orthodox Church

5107 Darrow Road
Hudson, OH 44236

330 608-8896

"An Orthodox Presence in Northeastern Summit County"

www.sainthermanchurch.org



Important This Week

Saturday, 15Aug, **10AM** Divine Liturgy; **6PM** Vespers

Sunday, 16Aug, **930AM** Divine Liturgy; Followed by Annual Parish Picnic

09Aug26

10th Sunday After Pentecost

St. Gregory Palamas on the Transfiguration

Jesus took Peter, James, and John, and led them up a high mountain where they were alone. There before them he was transfigured; his face shone like the sun.

Now is the favorable time; this is the day of salvation, God's new and eternal day, which is not measured by hours, which does not get longer or shorter, which is not interrupted by night, since it is the day of the Sun of Righteousness with whom there is no alteration nor shadow of change.

Through this day, by the Father's decree and the Holy Spirit's cooperation, he benevolently shed his radiance on us and led us out of darkness into his wonderful light; and since he is the Sun that knows no setting, he will continue to shine upon us for ever.

But because he is the Sun of Righteousness and of truth, he will not shine upon or be clearly recognized by those who admire falsehood or who are unrighteous in the way they address God or in

their actions. He shows himself, however, to those who act righteously and love the truth and believe in him, and he gladdens them with his splendor. As Scripture says; Light dawns for the righteous, and joy for the upright. And so, prophesying, the Psalmist also sings to God: Tabor and Hermon will rejoice in your Name, foretelling the joy which the transfiguration on the mountain would one day bring to those who witnessed it.

Now Isaiah says: Loosen every unjust bond, untie the knots of forced transactions, tear up every unjust contract. Then what will happen? Your light shall break forth like the dawn, and your health rapidly return; your righteousness shall go before you and the glory of God shall cover you. Moreover, if you put an end to the yoke of oppression, the pointing finger and the complaining word and generously give bread to the hungry and relief to the oppressed, then your light will rise in the darkness and your night be as bright as midday. For this Sun

makes all those it shines upon into other suns; The righteous shall shine like the sun in the kingdom of their Father.

Let us have done with the works of darkness, then and practice the works of light, in order not only to live decently as we should on such a day, but also to become children of the day. And come, let us go up the mountain where Christ became resplendent to see what took place there; or rather, when we have become children of the day and are worthy of such a day, at the appropriate time the Word of God will himself lead us up. But now I exhort you to make every effort to raise the eye of your mind toward the light of the gospel message, so that you may in the meantime be transformed by the renewal of your minds and, by drawing the divine radiance down upon yourselves from heaven, come to share in the glory of the Lord whose face shone like the sun today on the mountain.

Prayer Requests

Health: Met Joseph, Pat, Richard, Judy, Sue, Fr. Jerome, Nora

Departed: Matushka Elizabeth

Weekly Statistics

Saturday	Vespers	01Aug	CANCELLED	
Sunday	Liturgy	02Aug	49 faithful	21 views
Wednesday	VespLit	05Aug	10 faithful	18 views

In the News

Videos of services can be found at:

https://www.youtube.com/channel/UCfAOK1CLMmH_-FIDe8SoWOW

More on the COCA Golf Outing.; Check the attachments to today's Bulletin. We still need sponsors. If you have business contact who would like to advertise with us, please let Lissa Molchan know. Tickets for the Awards Dinner are \$25, open to all including non-golfers! Reservations required by 16Aug to lrmolchan@yahoo.com or 216-407-2119 Make checks payable to "COCA" and send to the Church address.

Everything Must Go

Anyone want to buy some lightly used exercise equipment?

I'm having a "Going out of Fitness" sale.



Faith is
indiscriminate
acceptance of the
things heard, and
assurance of the
things preached
with God's grace.

(St. Basil the Great)

Prayer of the Heart [Abbot Tryphon]

The Jesus Prayer, also known as the Prayer of the Heart, is the central prayer for monastics. One of the early desert fathers, Saint Macarius the Great, said of the phrase from the Psalms, "The meditation of my heart is in your sight", "There is no other perfect meditation than the saving and blessed Name of Our Lord Jesus Christ dwelling without interruption in you, as it is written 'I will cry out like the swallow and I will meditate like the turtledove!' This is what is done by the devout (person) who perseveres in invoking the saving Name of Our Lord Jesus Christ."

The profound simplicity of the Jesus Prayer, "Lord Jesus Christ, Son of God, have mercy on me a sinner" makes it the perfect prayer, allowing us to follow the injunction of the Apostle Paul, that we "should pray always". The prayer can also be said in various shortened versions, such as "Lord Jesus Christ, have mercy on me.", or simply, "Lord Jesus Christ."

Over the years I've heard so many people tell me that they have difficulty concentrating on their daily prayers. They've shared that they struggle with thoughts coming into their minds that distract them from prayer. Others have said the same thing happens during the public services in the temple. The Prayer of the Heart can help, for it is a way to dispel outside thoughts and bring our attention back to the Holy Name of Jesus.

This Prayer enriches our lives in every way as it can be used throughout the day, and in every situation. We can pray the Jesus Prayer while working, driving to the store in heavy traffic (it is a splendid way to refrain from road rage), and even while sitting in boring meetings at the office. I use this prayer when hearing confessions, or when counseling, since it is a way of seeking guidance from the Holy Spirit when giving spiritual direction.

I promise you, if you take up this Prayer for yourself, it will contribute to peace of heart, stillness of the mind and keep you centered in things of God. It will also allow you to participate in a spiritual practice that is as old as the Church herself.

In this Prayer we are not only asking for God's mercy, but declaring a confession of Faith. The Lord Jesus Christ is God and able to grant mercy and forgiveness of our sins. He is Lord of our lives and the imparting of his mercy gives us life.

"Lord Jesus Christ, having mercy on me a sinner."

Transfigured by Humility [*Fr. Philip LeMasters, orthochristian.com*]

It is easy to become discouraged by the distortions of Christianity in our culture. Some preach that those who truly believe will become rich and healthy with no problems at all. More assume that following Jesus Christ is just another way to have a bit of inner peace as they pursue what is really important in life: professional success, personal fulfillment, or some other worldly goal on their own terms. Neither approach, however, has much to do with truly participating in the life of our Lord.

Even a quick glance at Jesus Christ, His mother the Theotokos, or apostles such as St. Paul shows how weak such teachings are. They did not live what any mainstream culture—then or now—thinks of as a happy or successful life. Obviously, they lived the best and holiest of lives; they are models for us in how to live, to die, and enter into glory. But they appear strange to the world because they put the Kingdom of God first and refused to put even their own happiness before God's will and the humble service of others. They suffered horribly by conventional standards, but thereby participated in a blessedness not of this world.

The Son of God lowered Himself in the Incarnation, becoming one of us and even enduring death and descent to Hades in order to conquer them and bring us into His eternal life through His resurrection. He was rejected by the leaders of His own people and brutally executed by the Roman authorities. The Theotokos accepted a scandalous pregnancy as the Lord's virgin mother and saw her Son murdered by those He came to save. St. Paul endured hardships of all kinds, beatings, imprisonment, and ultimately martyrdom for Christ. These were not wealthy people; their lives did not follow conventional patterns; they were not in favor with the religious and political authorities of their day. They were outsiders and outcasts in many ways, but it was precisely through their difficult struggles that salvation has come to the world and we have inherited the blessings of life eternal.

That is an important truth to keep in mind when we read of the father of the epileptic boy kneeling before Christ to ask for the healing of his son. The disciples had been unable to cure him because of their lack of faith, prayer, and fasting. Consequently, they lacked the spiritual strength to overcome evil. Like most of the other Jews, they probably assumed that following the Messiah—thought to be a great king and military ruler—would result in a privileged life. In their hopes for that kind of savior, the disciples were part of a “faithless and perverse” generation that trusted in and served itself, rather than the one true God. In contrast, the boy's father had true faith, trust and humility before the Lord, kneeling down before him and asking for mercy from the bottom of his heart. He lowered himself before Christ, putting himself in the lowly place of one who could receive the blessing of the most humble One of all.

Unfortunately, many in the church of Corinth were nothing like that father; they were so full of pride that St. Paul had to set them straight on what it meant to serve Christ. He wrote that true apostles lived like “men sentenced to death,” as weak fools, dishonored, homeless, and treated as the filth of the world. Theirs was not a path for the rich and famous. The words used by St. Paul of his own ministry remind us of how our Lord identified Himself with “the least of these,” the hungry, the stranger, the prisoner, the sick—those on the margins of any society.

How ironic that the same Lord Who identified Himself with the wretched and miserable, and whose apostles suffered so greatly, was transfigured in glory before His disciples on Mt. Tabor. As He shone with the brilliant light of heaven and was shown to be superior to Moses and Elijah, the voice of the Father said “This is my beloved Son with Whom I am well pleased. Listen to Him!” The divine glory of this most exalted One shines through the apparent weakness of a cross and a tomb, through what looked like failure and foolishness in the world as we know it. Indeed, He glorifies martyrs, confessors, and others who truly take up their crosses and die to the idolatry of self that is the real religion of so many, regardless of what we say we believe. To this very day, those who share in His glory first participate in His lowliness, meekness, and humility.

Despite what some of Christianity's supporters and some of its foes like to say, our Lord's salvation is not an extension of any earthly kingdom, culture, or achievement. Instead of building ourselves up according to designs of false gods, we must lower ourselves before Him like the father of the epileptic in order to be transfigured by His grace. We must go against the popular trends of our culture—and of any culture—in order to believe, pray, and deny ourselves if we are to open ourselves to His brilliant light, if we are to become radiant with His holiness. The journey to His Kingdom has nothing to do with acquiring earthly power, prominence, or popularity. As much as in the first century, His Kingdom is still not of this world. And some of the most dangerous temptations are to distort the Christian faith in the service of any worldly goal or agenda, regardless of the name it goes by at the time.

Instead of following the easy paths today of worshiping money, power, pleasure, and other forms of self-indulgence, we must follow the advice of the Lord Himself to the disciples on the necessity of faith, prayer, and fasting. Instead of believing that success according to the standards of any earthly realm is the highest good, we must entrust our lives to the One whose divinity shines forth through His humility and Who identifies Himself with the outcasts of all times and places.

Instead of defining ourselves by our busy schedules, routines, or obsessions about other earthly cares, we must—and we all can—carve out time every day for spiritual communion with the Lord. Instead of satisfying every desire and wallowing in unrestrained indulgence, we must learn to say no to our addiction to pleasure through appropriate forms of fasting and self-denial on a regular basis. Instead of making our faith a way to get what we want and gain the praise of others, we must learn the essential place of humility in the Christian life. For it is only when we stop focusing on ourselves—our strengths, our virtues, our abilities, as well as our failures and weaknesses—that we will be able to kneel before Christ like that father who was at the end of his rope and open ourselves to the mercy and healing of the Lord.

We have to accept that it is not all about us. If we make our faith basically about helping us get what we want, then we will always serve ourselves and become addicted to self-centered desires. We will become so enslaved to our bellies, our entertainment, our will, and our false hopes for fulfillment that we will become just like the disciples: powerless against the forces of evil in our own lives and totally unable to help others. If we serve and please only ourselves, we will become so self-focused and self-centered that we will find it impossible to cultivate the humility required to serve God and our neighbors. We will become so addicted to our desires that we will lack the ability to say no to ourselves for any reason, which is ultimately a recipe for nothing but despair.

Far better to look to Christ who came not to be served, but to serve, and Whose glory had nothing in common with worldly domination or success. He will transfigure us into participants in His divine glory through our humble faith, prayer, and fasting. In this season of the Dormition Fast, we follow the example of the Theotokos who was prepared and sustained for her sublime ministry by these spiritual disciplines. The same is true of St. Paul and the apostles.

There is hard work involved when we embrace humility, obedience, and self-denial. Should that be surprising if we serve a Lord Who told us to take up our crosses and follow Him? If our goal is to become so permeated with holiness that we radiate the divine beauty, should we be shocked that sacrifice is required?

By investing ourselves in the basic disciplines of the Christian life we will become more like the father of the epileptic boy who, in his humble faith, received the mercy and healing of the Lord. That is a blessing beyond the ability of this world and the only hope for the salvation of our souls.

We welcome you to our humble church, and we pray that your experience here will be spiritually rewarding, calling you back to pray with us at our next scheduled service.

St. Herman of Alaska Eastern Orthodox Church is established with the blessing of His Eminence, Metropolitan JOSEPH of New York, and is one of approximately 30 parishes or missions that are all part of the Bulgarian Eastern Orthodox Diocese of the USA, Canada and Australia, Bulgarian Patriarchate.

Our worship is exclusively in English, and we use “contemporary” English translations of liturgical texts wherever possible. Singing is congregational. The Divine Liturgy is literally “the work of the people”, and as such your presence and participation in the service are essential parts of our worship. The worship of others here present is diminished when you are absent or unable to participate.

Participation in the Eucharist is important to us, and as such we ask you to recognize that it is limited to Orthodox Christians who have prepared for receiving the very Body and Blood of our Lord. Preparation includes fasting from the previous evening and recent confession. If you are not known to our priest, please let him know as you approach that you are Orthodox and prepared to receive! Please do not be offended if the priest so questions your approach—this is important, truly “our Life”!

Troparion for the Day: (Tone 1) When the stone had been sealed by the Jews, while the soldiers were guarding Your most pure Body, You arose on the third day, O Savior, granting life to the world. The powers of heaven therefore cried to You, O Giver of Life: ‘Glory to Your Resurrection, O Christ! Glory to Your Kingdom! Glory to Your dispensation, O Lover of mankind!’

Troparion to Saint Herman: O blessed Father Herman of Alaska, / north-star of Christ’s holy Church, / the light of your holy life and great deeds / guides those who follow the Orthodox way. / Together we lift high the Holy Cross / you planted firmly in America. / Let all behold and glorify Jesus Christ, / singing His holy Resurrection.

Glory to the Father....

Troparion of the Feast: You were Transfigured on the Mount, O Christ God, revealing Your glory to Your disciples as far as they could bear it. Let Your everlasting Light shine upon us sinners. Through the prayers of the Theotokos, O Giver of Light, glory to You!

Now and ever....

Kontakion of the Day: (Tone 1) As God, You arose from the tomb in glory, raising the world with Yourself. Human nature praises You as God, for death has vanished. Adam exults, O Master! Eve rejoices, for she is freed from bondage and cries to You: ‘You are the Giver of Resurrection to all, O Christ!’

Epistle: 1Cor 4:9-16

Gospel: Mat 17:14-23

Monthly Financial Tracker

June Total Income	\$ 5,730
June Total Expenses	\$ 3,989
June Net Income (Loss)	\$ 1,741

Web Tracker

Web Searches	503	interacts/28 days
Blog Site Views	174,606	Total Views
Web Site Views	21,022	Total Views
Facebook Views	2,984	views/28 days

**St. Herman of Alaska
Eastern Orthodox
Church**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Dormition Fast Begins NO VESPERS!! Rom 14:6-9 Mat 15:32-39
9th Sunday After Pentecost Divine Liturgy 1Cor 3:9-17	2 T8 930A 1Cor 15:12-19	3 1Cor 15:29-38	4 Forefeast of Transfiguration Vespertal Liturgy 1Cor 16:4-12	5 Feast of Transfiguration 6PM 2Pet 1:10-19	6 2Cor 1:12-20	7 Vespers/Conf Rom 14:6-9
10th Sunday After Pentecost Divine Liturgy 1Cor 4:9-16 Mat 17:14-23	9 T1 930A 2Cor 2:4-15 Mat 23:13-22	10 2Cor 2:14-3:3 Mat 23:23-28	11 2Cor 3:4-11 Mat 23:29-39	12 Leave of Transfiguration Mat 24:13-28	13 2Cor 4:13-18 Mat 24:27-33,42-51	14 Feast of Dormition Vespers/Conf Phil 2:5-11; Lk 10:38-42,11:27-28
11th Sunday After Pentecost Divine Liturgy 1Cor 9:2-12 Mat 18:23-35	15 T2 930A 2Cor 5:10-15 Mark 1:9-15	16 2Cor 5:15-21 Mark 1:16-22	17 2Cor 6:11-16 Mark 1:23-28	18 2Cor 7:1-10 Mark 1:29-35	19 2Cor 7:10-16 Mark 2:18-22	20 Leave of Dormition Vespers/Conf 1Cor 1:26-29 Mat 20:29-34
12th Sunday After Pentecost Divine Liturgy 1Cor 15:1-11 Mat 19:16-26	21 T3 930A 2Cor 8:7-15 Mark 3:6-12	22 2Cor 8:16-9:5 Mark 3:13-19	23 2Cor 9:12-10:7 Mark 3:20-27	24 2Cor 7:1-10 Mark 1:29-35	25 2Cor 11:5-21 Mark 4:1-9	26 Beheading St. John Forerunner Vespers/Conf Acts 13:25-33 Mark 6:14-30
13th Sunday After Pentecost Divine Liturgy 1Cor 16:13-24 Mat 21:33-42	27 T4 930A 2Cor 12:10-19 Mark 4:10-23	28	29	30	31	



1st Annual Pan Orthodox Golf Outing



Dear Business Owner,

On behalf of the Council of Orthodox Christians of Akron (COCA), I would like to invite you to partner with us as a sponsor for our 1st Annual Pan Orthodox Golf Outing, taking place on **Saturday, August 22, 2026**, at Ellsworth Meadows Golf Club in Hudson, Ohio.

This event brings together Orthodox Christian communities from across Northeast Ohio for a day of fellowship, networking, and charitable support. Our goal is to strengthen connections among local parishes while raising funds to support COCA's mission of fostering cooperation, education, and community engagement among Orthodox Christians throughout the region.

As a sponsor, your business will receive valuable exposure to participants, families, and community members from Akron, Cleveland, Canton, Youngstown, Lorain, and surrounding areas. More importantly, your support demonstrates a commitment to strengthening local communities and helping worthwhile initiatives succeed.

SPONSORSHIP OPPORTUNITIES

We offer several sponsorship opportunities, including:

- Presenting Sponsor
- Dinner Sponsor
- Lunch Sponsor
- Golf Cart Sponsor
- Beverage Sponsor
- Contest Sponsor (Longest Drive, Closest to the Pin, etc.)
- Hole Sponsor
- Parish & Community Sponsor

SPONSORSHIP BENEFITS MAY INCLUDE:

- Company logo placement on event materials
- Recognition on event signage
- Social media acknowledgment
- Recognition during the awards presentation
- Opportunities to engage directly with participants
- Complimentary golf registrations for select sponsorship levels

Whether your contribution is large or small, your partnership will help make this inaugural event a success and establish a tradition that benefits our Orthodox community for years to come.

We would be honored to discuss sponsorship opportunities with you and find a level of support that aligns with your organization's goals.

Thank you for your consideration and commitment.

Sincerely,

Lissa Molchan

Lissa Molchan
Golf Outing Committee
Council of Orthodox Christians of Akron (COCA)



REGISTER YOUR SPONSORSHIP ONLINE

The easiest way to secure your sponsorship is through our online registration portal.

<https://givebutter.com/pan-orthodox-golf-outing-bgqqdm>



EVENT INFORMATION

1st Annual Pan Orthodox Golf Outing
Date: August 22, 2026
Location: Ellsworth Meadows Golf Club
Hudson, Ohio



CONTACT INFORMATION

Lissa Molchan
Email: lmolchan@yahoo.com
Phone: 216-407-2119



OUR MISSION

Fostering cooperation, education, and community engagement among Orthodox Christians throughout Northeast Ohio.

Donation List

Presenting Sponsor \$1000.00 Large sign near the club house. Ad in the Program Book, Mention at the Awards dinner.

Golf Polo Shirt \$1500.00 Your logo on the shirt, Ad in the Program Book, foursome reservation, Mention at the Awards dinner.

Hole Sponsors \$100.00 each. Need 18. The business or personal name will proudly be displayed on a yard sign at one of the 18 holes, and in Program Booklet.

Longest Drive \$300.00 Your business or personal name will proudly be displayed on a yard sign at the 1st hole, and in program Booklet.

Closest to the Pin \$300.00 Your business or personal name will proudly be displayed on a yard sign at a hole and in program Booklet.

Shortest Drive \$??? Prize to be determined.

Putting Contest-75 inch TV plus 2 other nice items. (maybe a basket of liquor) Your business or personal name will proudly be near putting green and in the program booklet.

Beverage Cart \$200.00 each Need at least 2. Your business or personal name will proudly be displayed on one side of the cart and in the program booklet.

TEE Game Sponsor \$300.00 Your business or personal name will proudly be displayed near the tee game and in the program booklet. (This is for a bottle of Sam Adams Utopias and if a tie, a 24 pack of assorted Sam Adams Beer.

\$10,000.00 Hole-in-One Sponsor \$500.00 Your business or name will proudly be displayed on a yard sign at the tee off, and in the program booklet. (to cover the cost of the insurance in case someone wins, done on a par 3 hole).

Hydration Station \$200.00 need 2 or more. The business or personal name will proudly be displayed on a cooler holding cold water near the water hazard, and in the program booklet.

Charcuterie Table any amount

Gift Baskets and Items for basket raffle.

Sponsor Coffee & Doughnuts \$200.00 would need at least 9 dozen of assorted doughnuts. Your business or personal name will proudly be displayed on the coffee station and in the program booklet.

Program Booklet:

Full Color Outside front (SOLD) and back cover \$500.00 each.

Inside Front and back cover \$400.00 each.

Full page center \$300.00

Full page \$125.00

Half page \$75.00

Business Card \$25.00

Need for prizes. Donations of:

Money/gift cards

Monopoly Golf Game

Lawn Golf Game

Many bottles of Liquor

Beer

Golf Puzzles

Lottery Tickets

Driving Range Gift Certificates

Golf packages to golf courses certificates

Golf balls, gloves

Golf clubs-driver-putter-ball retriever

Golf bags

Golf Shoe certificates

Golf Theme Playing Cards, other games, stuff like glasses, mugs, anything golf

Any Orthodox Items, Icons, Crosses, apparel etc.



1ST ANNUAL PAN ORTHODOX GOLF OUTING

Sponsored by:
COCA - IPA



4-PERSON SCRAMBLE

\$125 PER PERSON
18 HOLES

\$85 PER PERSON
9 HOLES

PRICE INCLUDES:

- ✓ GOLF
- ✓ CART
- ✓ LUNCH
- ✓ DINNER
- ✓ SHIRT
- ✓ ON COURSE GAMES
- ✓ GIFT AND PRIZES



WHEN:
AUGUST 22, 2026



SCHEDULE:
Check-In: 12:00 PM
18 Holes Tee Off: 1:03 PM
9 Holes Tee Off: 3:18 PM



WHERE:
**ELLSWORTH MEADOWS
GOLF CLUB**
1101 Barlow Rd
Hudson, OH 44236

REGISTRATION / SPONSOR:
SCAN OR CODE TO REGISTER
OR SPONSOR



Join us for a great day of golf, fellowship and fun –
Proceeds to benefit COCA – IPA
lrmolchan@yahoo.com | 216-407-2119